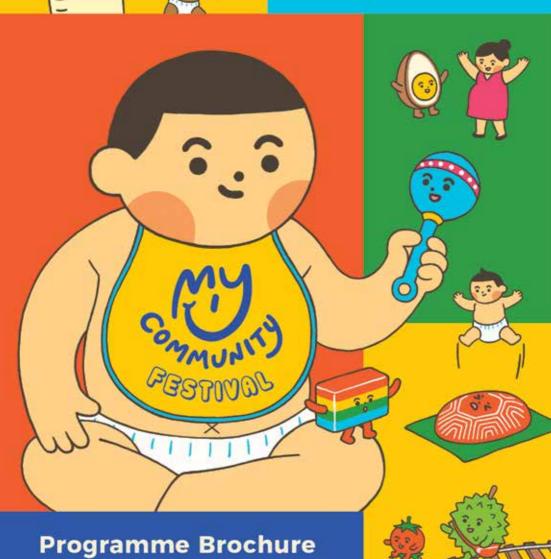


MY FIRST JOURNEY

1-17 AUGUST 2025



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About My Community



My Community is a non-profit organisation which works to capture and preserve community reconnect people stories, places and social networks, and deepen heritage appreciation and expression across the country. We also advocate for greater community involvement in cultural management and urban governance. Since its inception in 2010, My Community has spurred the growth and development of a common-man approach to heritage where everyday experiences and Singaporeans are chronicled and celebrated.

Today, My Community is supported by an army of over 1,200 volunteers who work with a nimble team of staff to organise guided tours, exhibitions, festivals and other placemaking programmes in Queenstown, Bukit Merah, Kallang-Whampoa and Clementi.

About My Community Festival 2025

We often think of beginnings as a single moment in time — the birth of our child, someone embracing a new faith, or the turning of a page after a difficult chapter. But what if our first journeys are not confined to just one starting point? What if they unfold throughout our lives, each time we choose to change, to heal, or to start all over again?

Taking place from 1 to 17 August 2025, the sixth edition of My Community Festival invites you to explore how communities across Singapore experience, honour and celebrate life's beginnings.

From postpartum rituals and confinement meals to spiritual renewal and emotional recovery, the festival features an extensive line-up of guided tours, experiences and discussions thoughtfully curated around the theme "My First Journey"

In walking these journeys with others, the MCF2025 team hopes that you will uncover a deeper appreciation for the present moment and cherish the people, places and moments that give life its meaning.



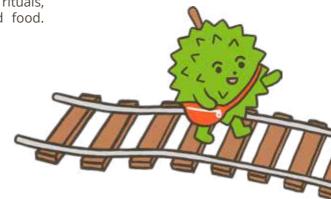
Festival Director Message

A year ago, I sat by the bedside of a friend who had just given birth. The room was still and dim, save for the soft cooing of the newborn. I watched as the mother reached out—tired, trembling, but smiling. That simple moment brought tears to my eyes.

Ayear earlier, I had nearly lost my life to a cardiac arrest. I remembered how fragile everything had felt then—how quickly life could be taken away. And now, standing in that hospital room, I was witnessing life at its most sacred: not the end, but a beginning. A first breath. A heartbeat full of possibility.

Birth is a beautiful and sacred thing. It is the first step we all take, and yet we rarely pause to think about what it means—not just to be born, but to begin again. Across cultures in Singapore, every community has found its own way to welcome life—with rituals, prayers, music, herbs, and food.

These celebrations are filled with love: not loud, performative love, but quiet, enduring love—the kind that holds you as you enter the world, whether as a baby, a new believer, or a person starting over. This year's theme, My First Journey, invites us to honour not just the moment we are born, but the many times we are reborn-through pain, through faith, through choice. I have met a man who lost his leg in an accident and is now learning to walk again with his new prosthetic limb. I have also spoken to an exoffender who, after years behind bars, is running a community gallery to give others the second chance he was once given. Their first journeys did not happen in a delivery ward. They happened long after they thought their lives were over.



To live is to live with hope. I have come to see that more clearly now. Hope is what carries a new mother through pain. Hope is what allows someone to rebuild after loss. Hope is what stirs in the heart when we choose to begin again, even when the future is uncertain.

It is a privilege for us at My Community Festival to be invited into these deeply intimate moments—when someone shares a confinement recipe passed down from their grandmother, or opens their place of worship to strangers witnessing a spiritual rebirth. These are not just performances. These are acts of trust.



We hope this year's festival reminds you of how we all began—fragile, held, and loved. And may it inspire you to hold space for others as they begin their own first journeys, wherever and whenever they come.



Be the support behind every new beginning

Birth is a universal experience, but never a uniform one. Birth is often understood as a beginning—the first breath, the first cry, the entry point into life. Yet in many traditions, it is not just a biological event. It is a sacred passage. From the moment a child arrives, communities gather to name, bless, feed, and protect. These rituals are gestures of love that illustrate: you belong here, you are not alone, we will walk with you. Birth is, in essence, a welcome.

But not all beginnings happen at the start of life. We are born many times across our lifetime—sometimes through faith, sometimes through loss, sometimes by choosing to leave behind what no longer serves us. It is the woman who overcomes cancer and learns to live again. The man who walks again with a new limb. The former offender who is given a second chance. The convert who whispers their first prayer. These are all first journeys, even if they come long after the day we are born.

In honouring how life starts, we are invited to see the world not through endings, but through beginnings. Curated based on the theme 'My First Journey', My Community Festival 2025 is inspired by this transformative power of beginnings, those quiet yet profound instances when life takes root or when something new begins to unfold.

In addition to the more popular programmes from the previous editions including 'After Hours @ My Community', MCF2025's repertoire includes several newly conceptualised series which not only celebrates the sacredness of beginnings and the courage and resilience of ordinary Singaporeans who are starting afresh.



We begin the festival with 'My Breakfast Club' where we are filled with the comfort of childhood and taste of home from the first meal of the day. In 'What's for My Dinner?', we return to the deeply intimate act of care through food where our hosts share traditional confinement dishes that were once lovingly prepared for them by their mothers and grandmothers.

One of the ground-breaking 'Mv programme series and Rebirths' takes participants to halfway houses, rehabilitation clinics and a prosthetic centre where we meet ex-offenders, substance abusers and amputees rebuilding their lives with patience and dignity. 'MY SG' explores neighbouring Malaysian towns where we source our fresh fish, fruits and vegetables.

How do Muslim and Jewish families welcome their sons into faith through the rite of circumcision? What are the prayers, symbols and promises that shape a Catholic baptism? For the very first time, we will experience birth and coming-ofage ceremonies of all the ten official religions in Singapore through 'My Prayers and Practices'. Whether wrapping a mother's abdomen with a bengkung or turning a baby's first haircut into a taimaobi keepsake. participants will have the unique opportunity at 'Meet My Craftsman' to learn from skilled artisans who produce treasured keepsakes in our first journeys.

Together, these programmes remind us that to begin is an act of faith—and to walk alongside someone at the start of their journey is a gift. At My Community Festival 2025, we invite you to bear witness to these beginnings. To open your heart to stories not just of arrival, but of becoming. And to ask yourself: how can we, as a community, create space for others to be born and reborn—with dignity, compassion, and hope?



My Breakfast Club

Do you still remember those sleepy mornings when vour mother woke up before dawn to prepare breakfast? Maybe it was a simple ham-and-cheese sandwich wrapped in greaseproof paper, or a bowl of comforting porridge eaten hurriedly between scribbling homework and packing your bag - just something to make sure you had a full stomach before facing the day. While you rushed through your meal, there were some brief but precious conversations - last-minute exam tips, gentle reminders, or just a smile exchanged at the door before everyone rushed off in different directions.

Having someone prepare breakfast for you is a blessing. It is love served before the day begins, often unnoticed but always felt. My Breakfast Club takes you into the heart of eight families, where the hosts will prepare the breakfasts they once woke up to as children. Each recipe is a conduit of love, remembrance and the stories they carry in their hearts.



Growing up in **Mumbai**, breakfasts have always been a comforting ritual for **Monika Singh**. As a child, she recalled peeking eagerly into the kitchen, watching her mother magically transform simple ingredients into a delicious breakfast spread. The sound of dough being rolled out and the aroma of simmering curry signalled that the day was about to begin. Now living in Singapore, Monika attempts to recreate the same flavours for her family. Try her signature chickpea curry, fluffy pooris and spiced chai.

For **Kurt Drysdale**, breakfast is a reflection of his **Eurasian** identity – where Chinese, Portuguese, Scottish and Indian influences congregate on one plate. Growing up in Singapore, Kurt's mornings were filled with hearty, flavourful dishes prepared by his mother who lovingly blended family recipes passed down through generations. At MCF2025, Kurt will be whipping up a spread of refined Eurasian dishes including chicken meatball congee and corned beef hash.

These breakfasts offer more than sustenance. They are moments of connection, comfort and continuity. With every dish, we carry forward their traditions, keeping them close in a way that words alone never could.





Report Name 2025 Sat, 16 Aug 2025

👆 English

<u>()</u> 1000 - 1200

<u>3</u> 25.00

My Eurasian Breakfast

with Kurt Drysdale

This breakfast offers a glimpse into Kurt's Eurasian heritage, where Chinese, Portuguese, Indian, Scottish, and Southeast Asian influences meet. Enjoy chicken meatball congee, corned beef hash, and French toast—dishes that reflect family traditions, morning rituals, and cherished memories.



Sat, 2 Aug 2025

堶 English

🚫 1000 - 1200

35.00

My Gujarati Breakfast

with Vaghela Sheetal and Ketan

Spice up your morning with the Vaghelas and savour the famous Kachi Dabeli, a spiced potato filled 'Gujarati burger' topped with peanuts and chutney, and unamiflavoured Aloo Paratha, a roti stuffed with paneer and potatoes and accompanied by a tangy mango pickle.



sun, 2 Aug 2025

() 1000 - 1200

🌄 English

3 25.00

My Maharashtrian Breakfast

with Vishakha Shahane

Fill your hearts and stomachs with Visakha's Poha Tarri, or soft rice flakes paired with hearty chickpea curry, and Thalipeeth, a lovingly hand-patted multigrain flatbread, as she pays tribute to her Maharashtrian roots.



m Sun, 3 Aug 2025

堶 English

() 1000 - 1200

6 25.00

My Malayalee Breakfast

with Vidhya Nair

Malayalee Singaporeans primarily originate from Kerala, a state in South India. They constitute the second-largest sub-group within Singapore's Indian community. Join Vidhya for a warm, casual breakfast featuring pratha and idiyappam, two South Indian staples, as she shares stories of her family heritage and how simple morning meals carry generations of memory and meaning.



Report Name 2025 Sat, 16 Aug 2025

English

1000 - 1200

<u>3</u> 25.00

My Mangalorean Breakfast

with Shobha Shankernarayan

In Mangalorean homes, breakfast is a celebration of togetherness and tradition. Enjoy a classic spread featuring Sajjige-Bajil, a fluffy semolina and spiced flattened rice served with a sweet banana, and Mangalorean buns with coconut chutney. End the breakfast with Shobha's favourite cha and filter coffee.



Sat, 2 Aug 2025

English

<u>()</u> 1000 - 1200

25.00

My North Indian Breakfast

with Monika Singh

Growing up in Mumbai, Monika remembered vividly the aroma of simmering chole and the spluttering sound of pooris puffing in hot oil and marvelled at how her mother could transform simple ingredients into sumptuous breakfasts. After relocating to Singapore, Monika continues with this tradition, blending the past and present to recreate a taste of home. Try her signature chickpea curry, fluffy pooris and spiced chai.



Sat, 2 Aug 2025

(3) 1000 - 1200

囁 English

© 25.00

My Norwegian Breakfast

with Ambassador Leif Trana from the Royal Norwegian Embassy in Singapore

Breakfast in Norway is simple and comforting. Join Ambassador Leif Trana from the Royal Norwegian Embassy for a traditional spread of rice porridge with red sauce, scrambled eggs and bacon, and heart-shaped waffles with brunost and jam.



m Sat, 16 Aug 2025

🔓 English

(§ 1000 - 1200

6 25.00

My Singaporean Indian Breakfast

with Nithia Devan

Ease into the morning with Nithia's Singaporean Indian breakfast featuring dosa, semiya upma, and vadai, paired with masala tea and coffee. More than just food, this meal reflects her journey between Singapore and the United Kingdom—blending flavours, memories, and connection.

My Prayers and Practices

The birth of a newborn is often greeted with iov and gratitude from families and friends. In the first days, weeks and months after the child's arrival, many parents turn to age-old customs and traditions to welcome their newborn, seek divine protection and symbolically introduce their child to their wider community. While each religion holds different beliefs about birth, all recognise it as more than a biological event - it is a spiritual milestone that brings families and friends together in a shared, jubilant celebration.

Singapore is ranked as the most religiously diverse country in the world. The Inter-Religious Organisation (IRO) in Singapore recognises ten major religions, namely Bahá'í, Buddhism, Christianity, Hinduism, Islam, Jainism, Judaism, Sikhism, Taoism and Zoroastrianism.

The concept of births and rebirths is deeply embedded in many religious beliefs in Singapore. In Buddhism and Hinduism, birth is seen as part of samsara or the continuous cycle of life, death and rebirth where one's past actions shape the conditions of this new life. The ultimate goal is to move closer to nirvana (for Buddhists) or moksha (for Hindus), attaining release from this cycle. For **Christians**, birth is a divine gift and part of God's creation, with every child seen as uniquely loved and purposefully made. In Islam, birth marks a sacred beginning, with the azan (or call to prayer) softly recited in the newborn's ear, seeking blessings and divine protection. Taoists consider birth as a natural unfolding of cosmic balance and harmony. It is a moment where the child joins the universal flow of gi (life energy) and families often perform rituals to protect the newborn from negative forces so as to ensure a smooth start to life.

The diverse perspectives on birth across these religions reflect a profound understanding of life's beginnings and its sacred meaning. While beliefs about the origins of life and its spiritual significance differ, all religions offer guidance, structure and a sense of connection to something greater than oneself. Each faith underscores the importance of nurturing a new life with love and care, reminding families of the enduring impact of their early choices on a child's journey ahead.



To this end, we will participate in an infant baptism at Church of St Mary of the Angels with Friar Michael D'Cruz and Friar Robin Toha and observe how the child is welcomed into the Christian faith through the blessing of holy water, anointment and pravers. At Chesed-El Synagogue, Rabbi Nissim Zawady will present a re-enactment of the **Brit** Milah, a traditional lewish circumcision ceremony performed on baby boys eight days after birth. Similarly, Ustaz Ahmad Faritz and Dr Taufig Rashid from Masiid Al-Falah will share how sunat lelaki (or male circumcision) performed with Muslim boys. Over at the Sri Mariamman Temple Chinatown, in Sengkuttuvan Kanniyappan will be introducing key Hindu birth rituals, including the Namakarana (or naming ceremony), Thottil (baby's cradle ceremony), and Mudi Irakkuthal, a traditional headshaving ritual symbolising the shedding of past karma. We will also learn about the worship of Sri Periyachi Amman, a protective deity revered for safeguarding mothers and newborns.

Buddhist monk Venerable Shi You Wei and nun Ani Chodron from Bright Hill Temple and Thekchen Choling respectively, as well as lain devotee Raiesh Shah from the Singapore lain Religious Society, will welcome you at their places of worship and share the customary ceremonies performed by devotees to mark births and spiritual rebirths. And when you are done, head over to Lorong Koo Chye Sheng Hong Temple in Macpherson, where Master Huang Xincheng and Dr Ji Ling will introduce you to Yue Lao, the original matchmaker tying red threads of fate and Zhu Sheng Niang Niang, the go-to goddess for baby plans - because love, marriage and diapers often go hand-inhand!

From the **Parsis** to the **Sikhs**, come on an inspiring journey with My Community to meet them all as we learn the birth and coming-of-age ceremonies which different communities perform to welcome new life and seek blessings for the journey ahead.





🚃 Sat, 16 Aug 2025

English

Bahá'í Perspective on Birth

with Lani Choo from Baha'i Centre

This session offers participants a rare insight into how Bahá'í families celebrate a child's arrival through prayers, naming and community gatherings.



m Sun, 10 Aug 2025

🖶 English

() 1000 - 1200 () 12.50

1000 - 1200

12.50

Rebirth and Reincarnation in Mahayana Buddhism

with Venerable Shi You Wei and Mr Teo Puay Kim at Kong Meng San Phor Kark See Monastery

In Mahayana Buddhism, rebirth is marked through merit-making, chanting and dedication of good deeds to help to the deceased attain a favourable next life. Join Venerable Shi You Wei and Teo Puay Kim at Bright Hill Temple, where we will learn about 49-day memorial practices and sutra recitations – the different ways to guide our loved ones towards their next journey.



m Sun, 17 Aug 2025

🖺 English

(3) 1000 - 1200

⑤ 12.50

Rebirth and Reincarnation in Tibetan Buddhism with Venerable Ani Chodron from Thekchen Choling

This programme explores the cycle of Samsara, the interconnectedness of all living beings, and how these beliefs shape both human and animal rebirths. Participants will also learn about the temple's popular pet blessing ceremonies, a compassionate practice inspired by the belief that animals, too, journey through countless lifetimes on the path towards enlightenment.



m Sun, 17 Aug 2025

🖺 English

() 1400 - 1600

6 12.50

Catholic Infant Baptism

with Friar Michael D'Cruz and Friar Robin Toha from Church of St Mary of the Angels

For the very first time, Friar Michael D'Cruz and Friar Robin Toha will guide us through a "live" infant baptism where we will observe how the child is welcomed into the Christian faith through the blessing of holy water, anointment and prayers.



Sat,16 Aug 2025

1000 - 1200

English

12.50

Orthodox Christian Baptism and Birth Rituals

with Bishop Pitirim Dodenko and Priest Philip Calington from Russian Orthodox Church

A nondescript bungalow in Kovan houses the Russian Orthodox Church. Meet this little-known Christian community in Singapore and learn more about their birth prayers and practices.



📆 Sat, 2 Aug 2025

🖺 English

1000 - 1200

12.50

Namakarana and Mudi Irakkuthal (Naming and Shaving of Hair)

with Sengkuttuvan Kanniyappanfrom Sri Mariamman Temple

Meet Sri Pervuichi Amman, the protective goddess at Sri Mariamman Temple who fierce guards mothers and newborns and learn more about Hindu birth rituals namakarana and mudi irakkuthal.



🚃 Sun, 10 Aug 2025

🕔 1000 - 1200

English

6 12.50

Sunat Lelaki (Male Circumcision)

with Ustaz Ahmad Faritz from Al-Falah Mosque and Dr Taufig Rashid from TAF Clinic

Is male circumcision painful? Why is it important? Ustaz Ahmad Faritz and Dr Taufiq Rashid from Masjid Al-Falah will answer these questions as they introduce sunat lelaki or the Muslim practice of male circumcision. Learn about its religious significance, health benefits, and how it is traditionally performed for young Muslim boys.



sat, 2 Aug 2025

h English

1400 - 1600

12.50

Jain Birth Rituals Ghukti and Namkaran

with Rajesh Shah from Singapore Jain Religious Society

Ever wondered how Jain babies get their first taste of the world—literally? Join Rajesh Shah as he introduces Ghuti, where the newborn is given a tiny drop of sacred water or honey, followed by Namkaran, the allimportant naming ceremony. Sweet beginnings and meaningful names await!



English

🧰 Sun, 14 Sep 2025 🛛 1000 - 1200, 1400 - 1600

1600 - 1800

6 12.50

Brit Milah (Circumcision)

with Rabbi Nissim Zawady from Chesed-El Synagogue

This tour offers participants a rare glimpse into the Oxley Rise synagogue - a stunning national monument which is usually closed off to the public.



📆 Sat, 16 Aug 2025

English

1000 - 1200 12.50

Naam Karan (Birth and Naming)

with Hardip Kaur from Central Sikh Temple

Do you know why Sikh women carry the name 'Kaur' and men 'Singh'? Meet Hardip Kaur at Central Sikh Temple and discover how a hymn from the Guru Granth Sahib decides the first names at the Naam Karan ceremony.



Sun, 17 Aug 2025

🕥 1000 - 1200

⋤ English

3 12.50

Taoist Fertility Deities

with Master Huang Xincheng and Dr Ji Ling from Lorong Koo Chye Sheng Hong Temple

Meet Yue Lao, the original matchmaker tying red threads of fate and Zhu Sheng Niang Niang, the go-to goddess for baby plans at the sprawling Lorong Koo Chye Sheng Hong Temple - because love, marriage and diapers often go hand-in-hand!



sat, 2 Aug 2025

🖺 English

(N) 1000 - 1200

12.50

Navjote (Initiation) in Zoroastrianism

with Hormuz Avari and Monira Bhada at Zoroastrian House

Join Hormuz Avari from the Zoroastrian House for an introduction to the Navjote ceremony, where Zoroastrian children aged 7 to 15 formally enter the faith. Learn about the significance of the Sudreh (sacred shirt), Kusti (ritual cord), and the prayers and blessings that symbolise purity, commitment, and spiritual discipline.

Meet My Craftsman

For every birth and coming-ofage ceremony, custom-made paraphernalia accompany each step of the rituals, playing a central role in marking life's new beginnings. These handcrafted accessories, meticulously created with love and purpose, embody the hope and blessings that families wish upon the child's first journey in life.

Whether it is a bengkung belly wrap carefully bound to support a mother's postnatal recovery, a ka ta kueh lovingly moulded to celebrate a baby's first month, or an artisan crafting a taimaobi from a child's hair, every item carries deep cultural and emotional meaning. These objects are more than just ceremonial accessories—they are physical expressions of care, continuity, and the family's prayers for good health and happiness.

This year, My Community Festival has assembled a variety of craftspeople and practitioners who will bring decades of artistry and precision to craft ceremonial accessories. Baby Name Consultant Sam Fu will be sharing how Chinese parents select meaningful names based on factors such as birth dates, five-element theory, and family heritage; while Calligrapher Goh Yau **Kee** will be transforming newborn names into elegant works of art. Through graceful brushstrokes, he breathes life and meaning into every character, offering parents a lasting keepsake that celebrates their child's first iournev.



Bengkung Belly Binder Ally Vijay has also been recruited to demonstrate the traditional Malay postpartum technique of wrapping long cloths around a mother's abdomen snugly to support healing and recovery after childbirth. For many new mothers, a well-fitted saree offers both elegance and ease during postpartum recovery. Meet Saree Seamstress Supramaniam Danam who has spent decades stitching, altering, and customising sarees for women across generations.

For families preparing to celebrate a newborn's full month, **Ka Ta Kueh Maker Kelvin Toh** and **Yi Bua Kueh Maker Jocelyn Loi** are your best bets. These glutinous rice treats—with peanut or coconut fillings—symbolise blessings of health, happiness and good fortune for both mother and child.

Whether they are preparing naming scrolls, binding postpartum wraps, or shaping celebratory kuehs, these craftspeople help families honour cultural traditions and mark life's earliest milestones with care and meaning. Don't miss this opportunity to meet our line-up of practitioners as they share their stories, skills, and the heart behind each creation.





🖥 Sat, 16 Aug 2025

1400 - 1600

Mandarin (minimal English translation)

37.50

Meet My Baby Name and Taimaobi Consultant

Sam Fu from Huaxia Taimaobi Centre

Choosing a baby's name is both an art and a science. Consultant Sam Fu will be sharing how Chinese parents can read their family almanac and select meaningful names for their newborn using birth dates, five-element theory, and family heritage.



Sun, 17 Aug 2025

Mandarin (minimal English translation)

1400 - 1600

6 37.50

Meet My Calligrapher

Goh Yau Kee from Shi Cheng Calligraphy & Seal Carving Society

Join Goh Yau Kee, a veteran calligrapher for over 40 years, as he demonstrates how newborn names can be transformed into elegant works of art with some graceful brushstrokes, and takes you through a handson experience of crafting and painting a timeless calligraphy art.



🧰 Sat, 9 Aug 2025 🛮 🕔 1400 - 1530

37.50

🛂 English

1600 - 1730

Meet My Hainanese Yi Bua Kueh Maker

Jocelyn Loi from All Things Hainanese

Yi Bua (慧粑) is a traditional Hainanese kueh made from glutinous rice flour and filled with a fragrant mix of grated coconut, ginger, and crushed peanuts. Commonly prepared for a baby's full month celebration, it is gifted to friends and relatives as a symbol of family joy and blessings. Meet Jocelyn Loi and learn how each fold and filling carries love, tradition, and meaning.



Rat, 16 Aug 2025

다 English

(N) 1400 - 1600

37.50

Meet My Ka Ta Kueh Maker

Kelvin Toh from Ji Xiang Ang Ku Kueh

In Hokkien tradition, the child celebrates his or her first birthday or Zhua Zhou (抓周) by stepping on a ka ta kueh (咔嗒粿) and selecting a symbolic object which hints at their future profession. The act of stepping on the kueh signifies "踏实" (or treading firmly on life's path), wishing the child a grounded, stable, and successful future. Get hands-on and create your own ka ta kueh in this session and share sweet blessings!



Sat, 16 Aug 2025

⋤ English

🚫 1400 - 1600

37.50

Meet My Kintsugi Artist

Winnie Wong from GOLD & BEHOLD

Breakages happen, whether in pottery or in life. Transform your once-broken pottery into a golden masterpiece as Kintsugi Artist Winnie Wong takes you through a hands-on session covering repairs, philosophy and art. It is not about hiding the cracks, but owning them—because sometimes, a second chance makes things more interesting than they were to begin with.



Sun, 10 Aug 2025

다 English

1400 - 1530

37.50

Meet My Saree Seamstress

Supramaniam Danam from Queen's Tailoring

For many new mothers, a well-fitted saree offers both elegance and ease during postpartum recovery. Meet Supramaniam Danam, who has spent decades stitching, altering, and customising sarees for women across generations. From choosing breathable fabrics to perfecting pleats, join this hands-on session to find the saree style that suits you best!



m Sun, 10 Aug 2025

🕓 1400 - 1600

English

37.50

Meet My Stuffed Toy Surgeon

Jane Cher from Stuffed Toys Hospital

Got a chou chou or old stuffed toy which needs some tender loving care? Give them a second life as they go under the expert knife of toy "Doctor" Jane Cher.



Rat, 16 Aug 2025

다 Malay/English

(A) 1400 - 1600

37.50

Meet My Traditional Malay Postpartum Bengkung Belly Binder

Ally Vijay from Babies Bellies

Bengkung belly binding is a traditional Malay postpartum practice where long cloths are wrapped tightly around a mother's abdomen after childbirth. Passed down through generations, it helps support healing, realign organs, and relieve backaches. Watch belly binder Ally Vijay skilfully demonstrate this timehonoured practice with precision and respect in a oneof-kind experience.

My Births & Rebirths

Birth is often seen as the starting point of life, but in truth, it is just one of the many beginnings we encounter. At different stages, we find ourselves starting over—sometimes by choice, other times by circumstance. Whether it is welcoming a newborn or seeking renewal after personal loss, each milestone marks a transition from what was to what could be.

Where there is birth. there also vulnerability. Yet within that vulnerability lies hope. To be born or to begin again is to embrace both uncertainty and possibility. We step into a world we do not fully comprehend, trusting that we will be held, guided, and supported along the way. Whether it is a patient taking his first steps after receiving a prosthetic limb or an exoffender facing his first day back in the community, these moments call for courage and resilience, not just from the individual, but also from those who stand beside them.



From social workers to healthcare professionals, these individuals have become our companions on these journeys of births and rebirths. They hold space for us when we are uncertain, carry hope when we feel empty and offer strength when ours run thin. Their presence reminds us that beginnings are rarely walked alone. Every encouragement and small gesture of care becomes part of the unseen scaffolding that helps us rise, rebuild and step into the unfamiliar territory with a little more courage than before.

For the first time, we will be touring halfwav houses at Pertapis and HEB These community-based homes play a vital role in helping exoffenders rebuild their lives after release from prison or rehabilitation centres. Residents receive counselling. employment support, and emotional guidance as they transition back into society. Through structured routines and mentorship programmes, halfway houses offer a safe space where individuals can regain stability, rebuild trust, and reconnect with their families and communities. In this groundbreaking programme, we will learn how residents confront their past choices while taking meaningful steps toward a better future.



My Births & Rebirths

Besides hosting an exclusive visit to vocational training workshops and rehabilitation gym, Jean Wong and Mikail Wong from the Society for the Physically Disabled (SPD) will shed light on the multifaceted challenges that arise in navigating their neighbourhoods, where everyday tasks become extraordinary challenges for persons with disabilities. Former personal trainer Gregory Pink had to relearn how to walk with a prosthetic leg fitted at the Prosthetic Centre after undergoing a below-knee amputation following a traumatic accident.

At the Singapore Association for the Visually Handicapped (SAVH), Jason Setok and Hafiz Misran, both of whom acquired their visual impairments later in life, will be guiding us through the Low Vision Clinic, Braille Library and Assistive Devices Centre and sharing candidly about their emotional journey - From the initial shock and loss of independence to the anxiety of adapting to daily life without sight. Over at the Singapore Cancer Society, we will come face-to-face with cancer survivor **Diana Low** whose unexpected cancer diagnosis had turned her life upside down.



Through this lens, birth and renewal become more than beginnings—they are affirmations of hope, resilience, and the bonds that carry us through life's many stages. To witness or experience a first journey, whether of a newborn, a survivor, or someone starting over, is to embrace the beauty of change, vulnerability, and human connection. It is a reminder that every beginning, no matter how small or hard-won, deserves to be met with care, compassion, and celebration.





🚃 Sat, 16 Aug 2025

🌆 English

() 1000 - 1200

3 12.50

Blooming Births

with Doulas Chantel Kismet and Olivia Lee

Doulas are trained professional who provides emotional, physical, and informational support to mothers before, during, and shortly after childbirth. Join doulas Chantel Kismet and Olivia Lee in a one-of-a-kind experience as they share their expertise and heartfelt approach to childbirth support.



📆 Sat, 9 Aug 2025

English

(3) 1000 - 1200

§ 12.50

Boys' Town

with Dr. Roland Yeow

A former Boys' Town resident himself, Dr Roland Yeow will take participants on a heartwarming tour around the compound and share how Boys' Town represents not just a shelter, but a place of second chances – a home where he rebuilt his sense of purpose in life.



Sat, 16 Aug 2025

<u>()</u> 1400 - 1600

English

③ 12.50

HEB Ashram Halfway House

with Social Workers Ruveen Balachanthar and Lata Devi

Ever wondered what a halfway house look like? This tour offers a rare glimpse into the community-based home where ex-offenders rebuild their lives after release from prison or rehabilitation centres. We will also learn how ex-offenders confront their past choices while taking meaningful steps towards a better future.



📆 Sun, 17 Aug 2025

囁 English

(3) 1400 - 1600

§ 12.50

Muslim Converts' Association of Singapore

with Muslim Convert Narumi Maruyama

Have you ever wondered what it's like to discover faith as an adult, to start over spiritually while carrying the weight of your past and the uncertainty of your future? In this heartfelt and deeply personal session, Narumi Maruyama shares her journey of embracing Islam—one that began not in a moment of dramatic change, but through quiet reflection and a growing sense of purpose.



🚃 Sat, 2 Aug 2025

⋤ English

3 12.50

1100 - 1230

National Environment Agency

with Wolbachia Mosquito Officer Li Ting Soh

In this behind-the-scenes tour of the National Environment Agency's mosquito production facility, learn how tiny male Wolbachia-Aedes mosquitoes are "born" through a meticulous breeding process—from egg collection and larval cultivation to high-tech sex sorting using AI and precision machinery.

🧰 Fri, 8 Aug 2025

⋤ English

1400 - 1600

12.50

PERTAPIS Halfway House

with Social Worker Iskandar Dzulkarnain

How do our ex-convicts reintegrate into society after serving time behind bars? Gain deeper insight into the rehabilitation and reintegration journey of former offenders with a visit to Pertapis Halfway House. More than just a place of temporary residence, this halfway house offers transitional support and substance abuse treatment to help residents rebuild their lives and prepare for re-entry into the community.



🚃 Fri, 8 Aug 2025

다 English

1400 - 1600

12.50

Singapore Association for the Visually Handicapped

with Visually Impaired Persons Jason Setok and Hafiz Misran

Follow Jason Setok and Hafiz Misran, both of whom have acquired their visual impairments later in life, on a tour of the Low Vision Clinic, Braille Library and Assistive Devices Centre where they will be sharing candidly about their emotional journey - From the initial shock and loss of independence to the anxiety of adapting to daily life without sight.



Fig. 16 Aug 2025

⋤ English

N 1000 - 1200

12.50

Singapore Cancer Society

with Cancer Survivor Diana Low

Once a small business owner at Whampoa Market, Diana's whirlwind experience with cancer and her recovery journey has led her to a completely new perspective on life. Join us to see how she has experienced this "rebirth", and get to tour the Singapore Cancer Society facilities at the National Cancer Centre Singapore to see how they support cancer patients through their journey.



Sat, 9 Aug 2025

English English

() 1000 - 1200

1400 - 1600

12.50

Society for the Physically Disabled (SPD)

with Persons with Disability Jean Ling and Mikail Wong

What does it take to navigate pavements and traffic junctions with a physical disability? Join Jean Ling and Mikail Wong as they take you on a tour of SPD's assistive technology and rehabilitation spaces and share their challenges in completing everyday tasks.



🚃 Sat, 16 Aug 2025

🔓 English

(3) 1400 - 1600

12.50

The Prosthetic Company

with Amputee Gregory Pink

What goes into designing a new limb and helping someone take their first steps again? At the Prosthetic Company, meet the healthcare professionals who design, build and fit prosthetic limbs. Also, hear from Gregory Pink who is learning to walk again after a lifechanging amputation.



🚃 Sat, 16 Aug 2025

3at, 16 Aug 2023

🌆 English

(3) 1400 - 1600

3 12.50

The T Project

Living with Gender Dysphoria with Shania Yusof and Dr Jeremiah Pereira

Join us for a deeply personal conversation with Shania Yusof, a transgender advocate, and Dr Jeremiah Pereira, the resident physician at Pulse Clinic, Singapore's only one-stop provider of holistic, gender-affirming care. This programme offers a rare opportunity to hear both the medical and lived realities of navigating gender dysphoria in Singapore today.



Rat, 9 Aug 2025

English

() 1000 - 1200

12.50

Toh Garden

with Orchid Breeder Zhuo Hongyi

Singapore's iconic orchids are more than just flowers—they are living symbols of diplomacy and national pride. Join orchid breeder Zhuo Hongyi as he shares the meticulous process behind cultivating, crosspollinating, and nurturing new hybrids, continuing the tradition of naming these blooms after visiting foreign dignitaries and esteemed guests.



🚃 Sun, 17 Aug 2025 🜘 1400 - 1600 🌀 12.50

English

1600 - 1800

WE CARE Community Services (Addiction Recovery Centre)

Recovery Guides

Recovering from addiction can be a long and lonely journey - whether one is addicted to substances like alcohol or drugs, or behaviours like gambling, pornography, or even gaming. Meet Recovery Guides who journey alongside individuals in the process of recovery, before taking a look at the therapy rooms where trained counsellors sit down with individuals to develop strategies to manage these problems.

What's for My Dinner?

Confinement, particularly after childbirth, marks an essential period of rest and recovery for new mothers. It allows the body to heal from the physical exertion of pregnancy and childbirth and to restore energy and strength. This period also plays a vital role in offering a protective space for mothers to adjust to their new role, establish routines and bond with their newborn.

Across cultures, the confinement period is accompanied by nourishing foods and herbal remedies to prevent postpartum complications and lay the foundation for the mother's long-term well-being. My Community Festival 2025 invites you into 9 homes, where our hosts will be whipping up the very confinement dishes they once received from their mothers, grandmothers or confinement nannies. From the comforting sesame oil chicken and pig's trotter stew to the time-honoured garlic chutney and protein-rich lentil soup, every meal reflects the unique ways different ethnic communities in Singapore welcome the arrival of a new life - and the woman who made that life possible.



Born in Delhi, India, to Punjabi parents. Vandana Sharma relocated Mumbai after her arranged marriage. Her first pregnancy was a difficult period—marked by severe morning sickness and overwhelming homesickness, made harder with her husband often away for work. When her eldest daughter was born, her mother dropped everything to care for her—cooking nourishing confinement meals and giving daily massages to ease her pain and exhaustion. That month of unwavering love and care left a lasting imprint on Vandana. One day, she hopes to do the same for her two daughters. Try Vandana's lentil porridge and ladoos in this deeply intimate dinner —dishes filled with memory, gratitude and resilience.

Likewise in Singapore, families across different ethnic communities and dialect groups prepare traditional confinement meals to support a mother's recovery and help her regain strength after childbirth. Audrey Wong will be serving classic **Cantonese** confinement dishes including sesame oil chicken and double-boiled soups; whereas **Ien Foo** will be recreating comforting Hainanese flavours such as chicken rice and pork chop passed down from her grandfather. Don't miss Kenny Lek's rendition of a comforting **Teochew** confinement dinner using threadfin fish, served in four ways: in clear soup, porridge, steamed and braised.

These confinement meals aren't just food – they are gestures of love served on a plate. With every dish, we carry forward their love and traditions, offering the same comfort and healing they once gave to us.





🚃 Sat, 2 Aug 2025

N 1900 - 2100

⋤ English

6 25.00

My Bengaluru Confinement Dinner

with Radhika Aroor Raghavendra

A passionate home cook who finds comfort in the cooking process, watch Radhika, a happy mother of two daughters, serve up sumptuous Bengaluru confinement staples rava kesari and a hearty lentil curry with ginger and garlic chutney—dishes her mother once lovingly made for her during confinement to keep the body warm and nourished.



Sun, 17 Aug 2025

(3) 1900 - 2100

English

6 25.00

My Cantonese Confinement Dinner

with Audrey Wong

Traditional Cantonese confinement food focuses nourishing the new mother and aiding her recovery after childbirth. Watch how Audrey draws from her family tradition to serve up classic Cantonese confinement dishes she grew up with. Think sesame oil chicken, ginger-steamed fish, and double-boiled soups—meals designed to warm the body and replenish nutrients.



🚃 Sat, 16 Aug 2025

3 1900 - 2100

🛂 English

35.00

My Central Thai Confinement Dinner

with Thanannat Yanotai

In Thai tradition, confinement meals are lovingly prepared by mothers and grandmothers to restore balance and build the mother's strength after childbirth. Thanannat's menu includes a Spicy Prawn Soup, Stir-fried Fish with Ginger Sauce and Vinegar Pork Trotters - dishes designed to promote blood circulation with "natural heat" from herbs and spices.



🚃 Sat, 2 Aug 2025

English

1900 - 2100

3 25.00

My Foshan Confinement Dinner

with Cathy Leong

Cathy started learning cherished family recipes when she cared for her cousin during pregnancy more than a decade ago. Her menu features classic confinement dishes like pig's trotters, ginger chicken and red date soup - each selected for its warming and healing qualities. A highlight of the meal is Chinese wine with chicken, made with a fragrant, amber-hued wine brewed at home.



m Sat, 2 Aug 2025

🔓 English

<u>()</u> 1900 - 2100

3 25.00

My Hainanese Confinement Dinner

with Jen Foo

Jen's childhood is filled with memories of the warmth and familiar flavours of Hainanese chicken rice and pork chop – dishes lovingly prepared by her grandfather, who arrived in Singapore by boat from Hainan and worked as a cook and butler for a British family. In MCF2025, Jen recreates these comforting flavours for confinement, seeing them not just as nourishment, but as a tribute to her grandfather.



🧰 Sat, 16 Aug 2025

English

<u>()</u> 1900 - 2100

6 25.00

My Maharashtrian Confinement Dinner

with Vishakha Shahane

Born in Nagpur, Maharashtra, Vishakha recalled confinement meals as comforting and nourishing food prepared for mothers in the days and weeks after childbirth. You can look forward to a delicious spread featuring Red Amaranth Sabji (or stir-fried vegetables), Moong Dal (or split mung beans) and Bhakri (or flatbread).



Fig. Sat, 16 Aug 2025

English

() 1900 - 2100

3 25.00

My Naga Confinement Dinner

with Ella Khekho

Join us on a cosy evening as Nagaland-born Ella honours her grandparents born in the Ao and Mao tribes by recreating their treasured confinement dishes including dikgwatla, or pork trotter stew, and ofe nsala, a protein-rich catfish soup known for its distinctive flavour.



m Sun, 3 Aug 2025

🔓 English

() 1900 - 2100

6 25.00

My Punjabi Confinement Dinner

with Vandana Sharma

In Punjabi tradition, confinement care is often entrusted to the husband's sister, who takes on the responsibility of preparing nourishing meals and supporting the new mother through recovery. As the first in her family to conceive, her family prepared soft, vegetarian meals – lentil porridge and ladoos – to aid in her recovery. Join Vandana as she recreates her family's treasured recipes in MCF2025.



m Sun, 17 Aug 2025

() 1900 - 2100

English

3 25.00

My Teochew Confinement Dinner

with Kenny Lek from Pasarfish

Threadfin fish, prized for its delicate flavour and nourishing qualities, takes centre stage in Kenny's interpretation of a Teochew confinement dinner. Served in four different ways - in clear soup, porridge, steamed and braised, this comforting meal highlights gentle flavours, traditional techniques, and the Teochew philosophy of simplicity, balance, and care.

MY SG

Singapore and Malaysia share more than just a border. For generations, our histories, families, and economies have been intertwined—marked by trade, migration, and friendship across the Causeway. While we may have experienced our fair share of ups and downs, like all close neighbours do, Malaysia remains one of our most trusted partners—feeding our people and sustaining our daily lives.

MY SG takes you on a journey across the border to meet the farmers and fishermen whose first journeys start before sunrise. From the farmers tending to rows of vegetables and tropical fruits, the fishermen bringing in their first catch of the day, to the drivers working through the night to deliver fresh produce to our markets, every stop offers a glimpse into the hands and hearts that keep Singaporeans nourished.

These are more than supply chains—they are human stories of dedication, resilience, and the deep-rooted partnership between two neighbours. Join us at MCF2025 as we trace the path from the first harvest to the first bite, and discover how Malaysia's mornings shape Singapore's meals.







🚃 Sat, 16 Aug 2025 English/Mandarin

(N) 0930 - 2200 (S) 62.50 (or until late)

My Bekok

with VS Farms Durian Farmer Chin Kuan Voon and 99 Old Trees Durian Retailer Kelvin Tan

Mao Shan Wang, D24 or Red Prawn - Which is your favourite type of durian? Buckle up and hop on a ride with farmer Chin Kuan Voon to his sprawling Bekok plantation and witness first-hand how the King of Fruits is cultivated, harvested and delivered to the popular 99 Old Tree retail shop in Outram.



Sat, 2 Aug 2025 English/Mandarin

(N) 0700 - 1700 (S) 50.00 (or until late)



My Kluang

with Zenxin Vegetable Farmers Kong Li Yong and So Hui Wen

Green keeps the tummy clean. From sowing to harvesting and everything in between, follow vegetable farmers Li Yong and Hui Wen on an aweinspiring tour of Kluang, where you will learn the ins and outs of sustainable farming - which laughing your way through the quirky anecdotes and veggie-filled mishaps. Hop on the bus, grab your pitchfork, and let the organic fun begin!



m Sat, 16 Aug 2025 English/Mandarin (N) 1100 - 2230 (S) 50.00 (or until late)



My Kukup

with Guan Lhee Fish Farmers Ong Yeong Fang and Ong Yeong Chyuan

Hook, line and sink your teeth into the freshest catch of the day. With the panoramic Malacca Straits as background, expect a feast for the eyes and the spirit as we see Kukup brothers Yeong Fang and Yeong Chyuan haul in the Republic's supply of fresh fish for the day ahead.



🚃 Sat, 2 Aug 2025 Reglish/Mandarin

(N) 0700 - 1700 (S) 50.00 (or until late)



My Renggam

with Banana Farmers Lee Soon Wah and Eric Lim

Peel the day with a tour of Soon Wah and Eric's banana plantation as they regale you will tales of friendship, determination and the bountiful world of banana farming in Renggam.



📆 Sat, 9 Aug 2025 English/Mandarin (or until late)

My Senai

with Ngee Teck Huat Vegetable Farmer Pua Chon Teck

From farm to plate, vegetables are great! Follow Chon Teck and his team of hardworking farmers, packers and drivers on a captivating journey from Senai to Singapore as we marvel at how the lion city's vegetables are grown, harvested, packed and distributed.



English/Mandarin

Sun, 10 Aug 2025 (§) 0700 - 1700 (§) 50.00 (or until late)

My Simpang Renggam

with Pineapple Farmers Lim Ser Kwee and Huan Yi Heng

Step into the lush world of Simpang Renggam where the sweet aroma of pineapples fills the air and the camaraderie among pineapple farmers is as golden as their harvest. Discover the secrets of successful pineapple cultivation, witness the tight-knit community and savour the fruits of their labour on this delightful journey through pineapple paradise.

After Hours @ My Community

Singapore is a city which never sleeps. When most of us wind down for the night, a whole other world is just beginning its first journey of the day. Follow us on an unforgettable adventure in our neighbourhoods and meet the unsung heroes keeping the island's essential services running after the dark.

You might be fast asleep or up late on Netflix. As you rest or unwind, a whole workforce of hawkers, fishmongers, butchers and grocers come alive after hours to prepare an array of fresh produce or mouthwatering delicacies to keep our bellies and spirits full when we wake up the following morning.

At **Toa Payoh**, morticians, embalmers and funeral parlour staff are rostered on standby to provide emotional support, guidance and expertise to grieving families to move on to a new phase of their lives without their loved ones. Over at Balestier. Bendemeer. Chinatown, Geylang Serai and Tekka, we will experience a symphony of sights, smells and sounds as hawkers prepare an impressive spread of mouth-watering delicacies for the next day. Hear the crescendo of clattering woks, chopping knives and living exchanges among the night vendors as we start the day full-filled.



For the true night owls, come and experience the hustle and bustle of **Jurong Fishery Port** and **Pasir Panjang Wholesale Centre** in the wee hours of the morning. Witness famers and fishermen from neighbouring countries deliver their first harvest and catch of the day and see if you are able to pick up barter and negotiation tricks.

Our neighbourhoods thrive because of the dedication and unwavering commitment from these hardworking individuals. Make a trip to our neighbourhoods during MCF2025 and express our gratitude to the heartland heroes!





Sun, 17 Aug 2025

English

③ 0700 - 0900 ⑤ 25.00 After Hours @ My Balestier

with Lora Lee

What's stirring in Balestier? Get up early and hear the stories of the many stall owners who start their day before dawn. From freshly baked loaves to Singapore's most beloved rojak, discover the heart and hustle that bring Balestier to life every morning.



Sat, 9 Aug 2025

🖺 English

(N) 0700 - 0900

25.00

After Hours @ My Bendemeer

with Corliss Chong

The morning comes alive at Bendemeer as butchers expertly carve meat, fishmongers lay out fresh catches, and grocers restocking piles of vibrant produce. Follow Bendemeer girl Corliss on her marketing ritual as she introduces her favourite aunties and uncles in Singapore's most charming wet market.



m Sun, 17 Aug 2025

3 2100 - 2300

English

3 25.00

After Hours @ My Bukit Brown

with Andrew Lin

The 'eternal' home of many prolific Chinese Singaporeans – this resting place for the dead is very much teeming with life both in the day and at night. Let Bukit Brown surprise you on this after hours tour!



m Sat, 16 Aug 2025

English

<u>()</u> 0400 - 0700

3 25.00

After Hours @ My Chinatown Complex

with My Community

Come behind the scenes and witness the vibrant pre-dawn rituals at Chinatown Complex as grocers, fishmongers, butchers and hawkers come alive, preparing an array of fresh produce and mouthwatering delicacies.



Sun, 17 Aug 2025

English

© 0700 - 0900

6 25.00

After Hours @ My Geylang Serai

with May Hui

From pisang raja to pisang barangan - how many banana varieties can you identify? Discover the flavours and friendships that make Geylang Serai come alive each day.



🚃 Fri, 15 Aug | Sat, 16 Aug 2025 🔼 2300 - 0130

English

6 25.00

After Hours @ My Jurong Fishery Port

with May Hui

As the first catches of the day come in, Jurong Fishery Port quickly comes to life. Get a two-for-one as we not only trawl for deals on seafood but also hear the heartfelt stories from the community of fishmongers



Fri, 15 Aug | Sat, 16 Aug 2025 🕔 2100 - 2330

English

6 25.00

After Hours @ My Pasir Panjang Wholesale Centre

with Pamela Loh

Witness the workings of Singapore's fruit and vegetable supply chain at the Pasir Panjang Wholesale Centre and meet the communities of vendors, truck drivers and stallholders who call this place home!



Sat, 9 Aug 2025

English

(3) 0700 - 0900

6 25.00

After Hours @ My Tekka

with Chan Boon Kian

What's brewing and bustling at Tekka Centre before dawn breaks? From grinding spice blends and preparing fresh poultry to pulling frothy cups of teh tarik- Former President S.R. Nathan's favouritediscover the flavours, faces, and stories that keep Tekka alive every morning.



Fri, 8 Aug 2025

3 2100 - 2300

⑤ 25.00

English

After Hours @ My Toa Payoh

with Patrick Lee

From dust we are, to dust we will return, and from dust, lift shall emerge. Join us as we tour Toa Payoh's funeral services after hours for a conversation about beginnings and endings.

Acknowledgements

My Community extends its appreciation to everyone who has contributed to My Community Festival 2025.

Organised by:

Supported by:





Our utmost gratitude to all our partners and hosts at My Community Festival 2025!

Our Beloved Organisations



















































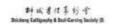












































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...And a huge thank you to our My Community volunteers, facilitators and everyone who has helped in one way or another!

Agnes Sek • Aqid Aiman • Allison Cheok • Andrew Lin • Angelina Choy • Angeline Soo • Beatrice Tay • Chan Boon Kian • Chan Earn Meng • Chen Kim Yen • Chew Tai Wen • Christine Lim • Chua Lai Fong • Corliss Chong • Dean Wang • Dominique Wong • Gregory Peck • Jackie Neo • Jaclyn Chua • Jayasree Alamuru • Jayne Lee • Jeremy Kum • Jerlyn Ng • Joel Wong • Joelle Tan • Jonny Koo • Koh Li Buay • Kwek Li Yong • Lee Yit Seong • Lim Xin Yi • Lin Chia-Tsun • Lora Lee • May Hui • Mohammad Norfairus • Ng Yan Ching • Pamela Loh • Pan Lina • Patrick Lee • Sarafian Salleh • Serene Lee • Siti Nurhajjar • Tania Wee • Teng Siew Chin • Teo Ker Wee • Toh Choon Mei • Vaghela Ketan • Vaghela Sheetal • Vandana Sharma • Vidhya Nair





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